



## WS Gators UPDATE March 5, 2021

Hello Friends,

We are looking forward to getting back to having a swim season again! Swim team offers kids an outlet to foster social, emotional and physical growth through exercise, by being part of a team!

We have a few hurdles to overcome before we can start swim season. Since the change-over in board of directors we realize taxes were not done so our business license is suspended. We are diligently working to get this done immediately. California government must re-instate us as soon as taxes are complete. With govt beaucracy we will likely push the swim start until end of April but we will pull it in if we get the green light. It all depends on how fast they can get it done. We apologize for this but many of us are new and we simply did not know.

COVID Tiers may impact how many swimmers we can take. Currently we are in the purple tier so this newsletter is written to correspond with that tier. We are hoping we move into red and orange tiers and can have a larger swim team. We are taking direction from Alameda County and EBSL. We will revise the plans. We hope to move into red tier any day now.

We intend to follow all safety precautions and have a plan in place. All rules for the swim team will be covered ahead of time via a mandatory google meet call. These rules will pertain to the pool and surrounding areas.

It will be expected if you suspect your child of being sick, then they should stay home and let a staff member know. Symptoms include: fever, chills, shortness of breath, fatigue, body aches, headaches, loss of taste or smell, sore throat, congestion, nausea, vomiting, diarrhea.

Check-in will occur outside the gate. Children will line up 6 feet apart. Temperature checks will be done via parent volunteers. Anyone entering the facility must wear a mask and must maintain social distancing of 6 feet. We will have hula hoops where each kid will be responsible to keep their belongings inside the hoop. Hula hoops will be 6 feet apart. After swimmers are done with their workout, the coach or parent volunteers will ask them to return to the hula hoops to dry off and get dressed. Participants will stand there while they wait to be released by their coach.

A covid waiver form must be completed by each family.

Restrooms will be on as needed basis but changing rooms and showers will not. There is only 1 person in the restroom at a time. Children must come to the pool dressed and ready to go. Upon entering restroom you must wear a mask. You must wash your hands with soap and water for 20 seconds prior to exiting.

Coaches and parent volunteers must assess facilities to ensure health and safety. The coach will check the chemicals for the pool at the start and in between each session.

**Details for purple tier structure: (hoping we switch to red – which new guidelines will be released)**

- Meet daily Monday – Friday.
- We will have a 10 minute buffer in between each session. Check in time will be staggered.
- Virtual Swim meets on Saturdays.
- Maximum 12 kids per session. Pods stay together for 3 weeks.
- Price per swimmer is: \$370
- Registration online at: [wsgators.org](http://wsgators.org)
- Registration will be open on the website on: March 7<sup>th</sup> 2021
- Payment must be made via check. Checks payable to Warm Springs Aquatics, which can be dropped at: 48230 Sawleaf Street, Fremont
- Parents will be expected to volunteer to check kids in and provide other duties.
- Coaches, participants and volunteers undergo health screening prior to entry. (no contact thermometer) Temperatures must not be in excess of 100.4°F or higher and must be asked to confirm that they do not have any of the symptoms that the CDC has indicated are [symptoms of COVID-19](#). Coaches will not be recording temperatures per guidance and concerns over HIPPA.
- If a participant has a temperature of 100.4°F or higher there will be an allowable grace period (up to five minutes) where the camper can wait with their parent/guardian in a designated waiting area away from others checking in for camp, while they wait to take their second temperature test. This guideline recognizes that temperatures can rise quickly if the camper was running to the facility excited, wearing a hat, or drinking a hot drink. If after the second test, they still test 100.4°F or higher, the swimmer will need to leave the area immediately for the remainder of the day. Coaches must also disinfect all surfaces and areas that the dismissed swimmer may have touched. If the swimmer has a temperature of 100.4°F or higher, a new pair of a new pair of gloves is required, and the non-contact thermometer should be disinfected and sanitized before additional participants are checked.

**What you will need / Things to know**

- Swimsuits must be worn to the pool. We will not have changing rooms available.
- Clothing cannot be worn in the pool as it damages our filters and is not safe.
- Please apply your sunscreen at home.
- Carry goggles, towel and fins if required in a bag. (no class bottles on deck at any time)
- No furniture will be set up on deck.
- No swim equipment will be shared between swimmers and coaches
- Your child must have a mask upon entering the facility and also wear a mask when not in the pool.
- Hand sanitizer will be available.
- After check-in parents will be asked to leave the facility to keep exposure low. Parents will need to stay outside of the gate and not on deck.
- Swim “pods” of 12 will not intermingle with other swim pods. The swim pod idea is in alignment with the stable bubble mandate by the ACPHD for children in extracurricular programs.
- A first aid kit is maintained on site for minor injuries. An additional container will be maintained on site stocked with PPE, hand sanitizer for coaches and swimmers. Parent volunteers will be responsible to indicate inventory and keeping the container completely stocked.

- Parent volunteer will float between swim groups to assist with supervision, check-in/check-out, etc. Floater must maintain six feet.
- Lost and found items will be stored individually in clear trash bags – sealed – and will be stored for ten days and then disposed of by camp coach or facility supervisor.
- Swimmers will spend all of their time engaging in activities outdoors.
- Don't shake hands! No rough housing.
- Cover cough and sneezes. Coaches will review with children on the first day of the program.
- Communicate to parents the importance of keeping children home when they are sick.
- Parent Volunteer - Communicate to your coaches the importance of being vigilant for symptoms and staying in touch with the other coach if or when they start to feel sick.
- If a coach or a child comes to the program sick, send them home immediately. If they become sick while at the facility, isolate and call home for immediate pick up.
- Should a swimmer or coach fall suddenly ill they will be isolated from all others. It is located in the same area as the primary but 12 or more feet away. When a coach or parent volunteer is supervising a swimmer waiting for parent pick-up the coach or volunteer must wear masks.
- Facility will be routinely cleaned and sanitized to reduce spread of bacteria. Clean and disinfect frequently touched surfaces

### **Healthy Hand Hygiene Behavior**

Because limited contact with any surfaces not in contact with chlorine-treated water, there will be infrequent need for hand sterilization. However, all children, coaches, and volunteers will engage in healthy hand hygiene at all times and

specifically:

- Arrival to the facility
- After using the toilet
- After coming in contact with bodily fluid
- After handling garbage
- After touching high-touch areas
- Hand hygiene consists of washing hands with soap and water for at least 20 seconds.
  - Wear a cloth face covering
  - Maintain a safe social distance of 6 feet
  - Cover your cough or sneeze with a tissue
  - Wash hands with soap for at least 20 seconds
  - Don't shake hands or touch your face

### **Stay home if you are sick.**

If a child or a coach has a new cough or other illness symptoms, they should not come to camp even if they have no fever. It is not uncommon for people, including children, with COVID-19 to have a cough without fever, especially early in the course of illness.

- Encourage coaches and families to get tested for COVID-19 if they are sick.

### **When is it safe to return to camp or my youth extracurricular activity?**

- Ill children or coaches should not return to the swim camp program until:
  - Their respiratory symptoms are improving
  - They have had no fever for 72 hours without the use of fever-reducing medicines, and

At least ten days have passed since illness onset.

**We cannot let anyone jeopardize the health and safety of anyone else from our swim community. It is critical that all these procedures are adhered to by both the swimmers and parents/guardians.**

**We need to be strict on our daily start and end times. Swimmers will no longer be able to linger in the pool area and wait for parents / guardians. Please do not be late!**

**Most importantly – we want all of our Gators families to enjoy the swim season.**

**HAVE FUN!**

See you there!  
Your Warm Springs Gators Board of Directors

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